

***Experience...Compassion...Excellence...***

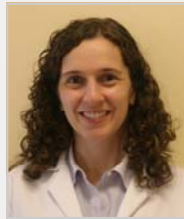
***December 2009***

[www.cjoncology.com](http://www.cjoncology.com)



*Happy Holidays!*  
*The Physicians and Staff of CJOc*  
*wish you a wonderful holiday season*  
*filled with joy and laughter.*  
*Happy New Year!*

Since joining CJOc in 2006, Dr. Ellen A. Ronnen has been an exceptional and dedicated addition to our staff of physicians. Often complimented for the time and compassion she invests with each patient, Dr. Ronnen is board certified in Internal Medicine, Medical Oncology and Hematology. At Memorial Sloan-Kettering Cancer Center in NY, where she completed her fellowships, Dr. Ronnen studied topics relating to testicular cancer and kidney cancer. She is published in multiple peer reviewed journals. Dr. Ronnen spends her free time with her husband Dan, daughter Rebecca, and 19 month-old twins Noah and Julia. As most of you know, Dr. Nissenblatt is an annual runner in the NYC Marathon. Dr. Ronnen has plans to train for the 2010 marathon, providing Dr. Nissenblatt with some healthy competition!



*Congratulations to Dr. Karp and Dr. Nissenblatt on being named Top Doctors by Inside Jersey Magazine for Hematology and Oncology, respectively.*

***Breast Cancer Screening Recommendations***

In a controversial announcement, The Preventative Services Task Force changed its recommendation on breast cancer screening. They now recommend screening mammograms, in average risk women, begin at age 50 and be performed every other year. The physicians at CJOc believe strongly in early detection and are concerned that cancers in younger women may be more aggressive. They will stand by the standard of mammograms every 1-2 years starting at 40, and yearly after 50. The balance between the benefit of detecting breast cancer early may be weighed against the risk of radiation exposure, possibly unnecessary surgery and the anxiety that can come from false positives. However, as most curable breast cancers are detected by mammography, we would be hesitant to delay early detection. We also believe that breast self-exam raises health awareness; and women should have a professional breast exam at least once a year. Please contact your CJOc physician or nurse practitioner if you have any questions regarding these new recommendations.

CJOc will now dispense Afinitor, which is used to treat kidney cancer.  
CJOc is an infusion center for Tysabri, for the treatment of Multiple Sclerosis and Crohn's Disease.

***VOICE YOUR CONCERN!*** The government is planning to make severe cuts to cancer care. Visit the Community Oncology Alliance's Patient Advocacy Network for current updates and to contact your members of Congress and ask for their help.

***CJOc Announcements...***

- ◆ *CJOc will be closed on December 25th, January 1st and January 18th. An on-call physician will be available.*
- ◆ *Please visit our [website](#) to view upcoming Support Group events.*