

Experience...Compassion...Excellence...

July 2010

www.cjoncology.com

PLEASE TAKE NOTE: Effective July 1st, 2010, CJOC will implement a few changes to our appointment schedule. The East Brunswick office will now begin daily hours at 8am for chemotherapy and lab appointments, as well as certain physician and nurse practitioner office visits. The New Brunswick office will now offer chemotherapy appointments on Wednesday, Thursday, and Friday only. Please consult the bulletin boards in our offices, speak with our staff members, or visit our [website](#) for more information about these scheduling adjustments.

Thank you for your cooperation as we implement these changes.

Time to break out the shades! July is UV Safety Month, so please remember to enjoy the summer months safely by [protecting yourself](#) from the sun.

Our [CJOC In-House Support Group](#) welcomes Stephani Fried, MA, LPC as our new facilitator. A Licensed Professional Counselor with over thirty years of experience, Stephani has particular expertise helping people who live with cancer and brings her knowledge, warmth, and humor to our support group. Welcome to our patients, caregivers, and anyone affected by cancer, our support group will meet during the summer on July 28th and Aug. 25th at 11am in our East Brunswick office.



FDA Approves First Therapeutic Cancer Vaccine
Provenge (sipuleucel-T), was recently approved for use in some men with metastatic prostate cancer. The FDA approved the vaccine based on the results of a recent clinical trial, however the vaccine will have limited availability over the next 12 months. The clinical trial revealed that the vaccine improved median 3-year survival by 40 percent compared with placebo, and a median improvement in overall survival of 4.1 months. The [National Cancer Institute](#) recently published an article detailing the results of the study.

Tasigna and Sprycel FDA-approved for CML Treatment
[Tasigna](#) has been approved to treat Philadelphia chromosome-positive chronic myelogenous leukemia (Ph + CML) in adults who are no longer responding to *Gleevec*. [Sprycel](#) has also been approved for treatment of CML.

Dr. Michael Nissenblatt Speaks On Aging
Last week, Michael J. Nissenblatt, MD spoke to his staff on the topic of aging and living healthy. One of his central points highlighted the importance of eating less on the road to a longer life. A diet consisting of 25%-30% less calories than normal, while still containing essential nutrients, appears to extend longevity in some recent studies. The human-like rhesus monkeys were found to have an extended life on a calorie restricted diet, *Time Magazine* reported earlier this year in an [article on longevity](#). The average life expectancy has climbed over the years, and eating less and eating healthier will contribute to a more satisfying life at any age.

CJOC Announcements...

- ◇ An on-call physician will be available July 5th when we are closed for Independence Day.
- ◇ Patients who have an office visit appointment should receive a confirmation call two days before their scheduled appt. If you do not receive this call, please contact our office prior to appt.
- ◇ Please bring your insurance cards every time you come to the office.
- ◇ Reminder: We can no longer accommodate "walk-in" laboratory appointments. In order to serve each of our patients efficiently, all appointments should be scheduled ahead of time.

