



Experience...Compassion...Excellence...

May 2010

www.cjoncology.com

May is National Skin Cancer Awareness Month and provides us with an opportunity every year to re-examine how we protect our skin from the detrimental effects of the sun. The Skin Cancer Foundation, comprised of physicians and medical editors, grants a Seal of Recommendation to sun protection products that have been stringently tested. You can look for their Seal of Recommendation directly on products such as sunscreen, sunglasses, clothing, and lip balm. Some sunscreens approved by the Skin Cancer Foundation are: Aveeno Continuous Protection Sunblock, Coppertone Oil Free Sunscreen, and Hawaiian Tropic Sport. You can view their approved products list [here](#). The Skin Cancer Foundation website is also featuring an interesting piece about Vitamin D, including the importance of daily intake and whether it is best to achieve your daily allowance through the sun, or with the appropriate food and vitamin supplements. You can view that article [here](#).

Newly-Approved Medications

Oforta, an oral form of the drug Fludarabine, has been approved in the U.S. for use as a second-line therapy to treat adults with B-cell Chronic Lymphocytic Leukemia (CLL). [Feraheme](#) is given as a Quick IV push injectable form approved for the treatment of iron deficiency anemia in adult patients with chronic kidney disease. [Istodax](#) is an infusion indicated for treatment of cutaneous T-cell lymphoma in patients who have received at least one prior systemic therapy.

A recent article in the *Home News Tribune* indicated that New Jersey's average cancer incidence rates are decreasing. Although still higher than the national average, the cancer incidence statistics from 2002-2006 reveal that New Jersey's rates have decreased by 3.2 percent. It was noted that lower smoking rates and earlier detection are some reasons for the decreased cancer incidence rate. Visit the [NCI State Cancer Profiles](#) program to analyze New Jersey's cancer incidence rate.

Helping children understand chemotherapy is an organization called Kidscope. They produce a comic book about the Kemo Shark to help young children understand and cope with what their parents or other close relatives may be going through. Our patients have found this to be a helpful resource when talking with their children about their cancer treatment. Kemo Shark was written by a child psychologist and breast cancer survivor. Kemo Shark is available for free in English and Spanish on the [Kidscope](#) website.

National Women's Health Week
is May 9 – 15th.

Smokeless tobacco, its dangers, and its use by baseball players was discussed by legislation recently.

CJOC Announcements...

- ◇ Please join the 3rd annual Bike Ride for Amy on June 6th. [Click here](#) for details.
 - ◇ Our in-house support group meets May 26th. Look Good Feel Better will take place in our EB office on June 7th. Dr. James Salwitz will speak at The Wellness Community workshop in our EB office on June 17th. [Click here](#) for details.
 - ◇ An on-call physician will be available when our office is closed on May 31st for Memorial Day and June 23rd, when we will be closed for our annual all-day staff meeting, dedicated to educational programs for our staff.
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