

Experience...Compassion...Excellence...

November 2009

www.cjoncology.com

All of us at Central Jersey Oncology Center wish you, along with your family and friends, a joyous and bountiful Thanksgiving holiday!



Congratulations to CJOC's Dr. Bruno S. Fang and Dr. Michael J. Nissenblatt who were chosen as *New Jersey Monthly* Top Doctors for 2009!

The H1N1 Vaccine. We recommend our patients check with their CJOC physicians before receiving the H1N1 vaccine. Our general recommendation is that patients receive the [H1N1 vaccine](#) as well as the [seasonal flu vaccine](#). There are two types of H1N1 vaccine: 1) live intranasal; and 2) inactivated injectable. The inactivated injectable vaccine is recommended for our patients, as it does not contain live virus and may be safer for those with a weakened immune system. We do not offer the H1N1 in our offices. We do dispense the season flu vaccine, please check on its availability.

November is Awareness Month for Lung Cancer and Pancreatic Cancer

Join the Great American Smokeout on Nov. 19! Lung cancer is one of the most common cancers in the world and by far the leading cause of cancer deaths among both men and women



in the U.S. [Click here](#) to view ACS statistics. Although cigarette smoking causes most lung cancer, pollution, radiation and asbestos exposure may also increase risk. [Click here](#) to view the symptoms of lung cancer.

Cancer of the pancreas is sometimes called a "silent" disease because symptoms are not usually present in early stages. As a result, many patients have advanced disease by the time it becomes noticeable. Visit www.pancan.org for information on symptoms which may include: jaundice, abdominal and/or back pain, weight loss and loss of appetite. Symptoms of advanced pancreatic cancer may include fluid build up in the abdominal cavity or blood clots. [Click here](#) to contact your Member of Congress and request support on the [Pancreatic Cancer Research & Education Act \(H.R. 745\)](#). This legislation could have a significant impact on advancing pancreatic research. We thank you for your support!

Immune Thrombocytopenic Purpura - ITP

CJOC's physicians are not only oncologists, but also hematologists trained in treating blood disorders. One of these is the autoimmune disease ITP, in which platelets are marked as foreign by the immune system and eliminated. Symptoms vary but may include spontaneous bruising; tiny red dots on the skin; blood blisters on the inside of the cheeks or blood in the urine or stool. There are many treatments for ITP. Visit the [Platelet Disorder Association](#) for information.

CJOC Announcements...

- ◇ Look Good Feel Better will be held Mon., Nov. 16. Our in-house support group programs will be held Nov. 18 and Dec. 30. [Click here](#) for details.
- ◇ [The Amy Foundation](#) is sponsoring a walk in New Brunswick on Nov. 14 to raise funds to help uninsured women receive screening mammographies.
- ◇ An on-call physician will be available when we're closed on Thurs., Nov. 26 and Fri., Nov. 27 for Thanksgiving.