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October 2009

www.cjoncology.com

**October is National Breast
Cancer Awareness Month**

The Susan G. Komen Foundation website page [Understanding Breast Cancer](#) offers detailed information on breast facts, as well as risk factors, early detection, treatment and research. Breast cancer can also occur in men, visit [Breast Facts for Men](#) for risk factors and statistics.



Why not support local efforts to raise funds for breast cancer? Dr. James Salwitz is a member of the Board of The Amy Foundation, which is sponsoring a 5K ["Walk for Diane"](#) on Sat., Nov. 14 in New Brunswick. There are many other ways you can help - visit [Get Involved](#) at Susan G. Komen and [Supporters](#) at the American Cancer Society for information on volunteering and events.

Dr. Michael Nissenblatt and Teena Cahill, Psy.D. will address a free dinner program sponsored by the [Breast Care Connection](#), a new breast health program at Robert Wood Johnson Hospital. This will be held on Wed. Oct. 14 and is sure to be a great evening! [Click here](#) or call 732.418.8110 to register.

**October 18-24 is National
Pharmacy Week**

CJOC's pharmacist, technicians and nursing staff ensure safe and effective medication use and dispensing. Many patients are using our new program enabling patients to fill select prescriptions in our office and finding it a great convenience. During Pharmacy week, our Pharmacist, Eileen Peng offers patients the opportunity to "brown bag" their medications and sit down for a consultation. She will work with patients to ensure they have the right medications and understand appropriate use, outcome, reactions and side effects. Ms. Peng will be available Tues. 10/20 in our East Bruns. office and Thurs. 10/22 in our New Bruns. office. To schedule an appointment, call Ms. Peng at 732.390.7750 ext. 252.

Newly Diagnosed? The American Society of Clinical Oncology's website [Cancer.Net](#) offers a wide range of information on diagnoses; finding medical care and support; and organizing care. Also, we have implemented a new program at CJOC where prior to the initiation of chemotherapy, patients will have a one-on-one detailed [chemotherapy education session](#). Our oncology nurses will provide patients and their loved ones the opportunity to ask questions and address any concerns at this time.

Dr. Nissenblatt Will Run NYC Marathon for The Aubrey Fund
Dr. Nissenblatt will run his 12th NYC Marathon on Nov. 1. He will dedicate his efforts to *The Aubrey Fund of Memorial Sloan-Kettering*, raising funds for pediatric cancer research. [Click here](#) to donate and view his Fred's Team web page.



CJOC Announcements...

- * The [seasonal flu vaccine](#) is not currently available in our offices; we are hoping it will be available mid-October. The [H1N1 vaccine](#) has been approved by the FDA.
- * - Dr. Licitra will address The Wellness Community's educational program Fri., Oct. 9.
- Our in-house support group program will be held Wed., Oct. 28.
- Look Good Feel Better will be held Mon., Nov. 16.
- [Click here](#) for support and educational program details and registration.
- * An on-call physician will be available when we're closed on Thurs., 11/26 and Fri., 11/27 for Thanksgiving.