

Experience...Compassion...Excellence...

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www.cjoncology.com

CONGRATULATIONS TO OUR "TOP DOCS!"

We express our congratulations to Dr. Bruno Fang, Dr. George Karp, and Dr. Michael Nissenblatt on being chosen as "Top Docs" by *New Jersey Monthly* magazine in Oncology and Hematology.

Inside Jersey magazine also recognized Dr. Karp as a "Top Doc" in Hematology, and Dr. Fang, Dr. Nissenblatt, and Dr. James Salwitz as "Top Docs" in Oncology.

October is Breast Cancer Awareness Month

The National Cancer Institute recently featured two articles about breast cancer. One focused on breast conserving surgery for young women with breast cancer, and another discussed progress towards more personalized hormone therapies. Staying educated on new trends in cancer treatment can be a useful tool for people with cancer. Keeping active while also raising awareness and building new support systems is possible by participating in events such as the Walk for Diane, taking place on Oct. 23rd. For women with breast cancer, finding the right support group or best emotional outlet is another key aspect of coping with this disease. Take the time to find what works best for you—whether it is through humor, expression through art, or discussion in online or in-person support groups. In honor of Breast Cancer Awareness Month, the Lifetime television channel is featuring "Five", a sequence of five short films focusing on breast cancer.

Men Get Breast Cancer Too

Although rare, men are diagnosed with breast cancer, frequently at an advanced stage due to a lack of knowledge about this disease. It is important to advocate for heightened awareness of male breast cancer in order to help increase early detection in men. Awareness of your family's medical history and being diligent about checking for breast changes are two important steps for men. Joining a support group can also provide a positive outlet for men diagnosed with any kind of cancer. The Cancer Support Community, formerly The Wellness Community, offers a Men's Support Group in Eatontown and in Somerville.

Support Dr. Michael Nissenblatt

in his 13th NYC Marathon on Nov. 6th. He is running for the Aubrey Foundation to support research and promote the care of young people with leukemia. His goal this year of raising \$15,000 has been met, but let's help him exceed expectations! Thank you for your contribution to Dr. Nissenblatt's efforts!

New phone system in effect at CJOC!

On Sept. 21st, we initiated our new phone system for callers to our offices. You will hear a different menu when calling in, and we will now be using switchboard operators to connect your calls to the appropriate person in either office. Our hope is that this system will provide ease of use and efficient service to our patients. We appreciate your patience as we all become accustomed to the new system and would appreciate your comments after there has been ample time to adequately evaluate it.

CJOC Announcements...

- ◇ "New Discoveries in Cancer Treatment," by Dr. Licitra takes place Oct. 28th in our EB office. Call The Wellness Community at 908.658.4000 to register.
- ◇ Look Good...Feel Better will take place on Nov. 14th at noon in our EB office.
- ◇ We encourage patients to sign up for SeeMyChart, which provides free online access to vital signs and scheduled appointments. See CJOC staff for forms.
- ◇ Please check our website later this month for our October support group date.
- ◇ Happy Halloween!!   