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www.cjoncology.com

Coping with "Chemo Brain"

Many patients experience problems with memory and concentration after chemotherapy, as well as a general feeling of not functioning as well mentally. It is not yet clear what happens during cancer treatment to cause these symptoms.

View two recent *NY Times* articles addressing chemo brain: [The Fog that Follows Chemotherapy](#) and [Taking Steps to Cope with Chemo Brain](#).

CJOC Infusion Center for Tysabri

Tysabri is a prescription medicine for Multiple Sclerosis (MS) patients that slows disease progression and decreases flare-ups. It is also used to treat Crohn's Disease. Initial approval to take this drug must be given by a neurologist, and patients must enroll in "**TOUCH**," a restricted distribution program. Administered intravenously, Tysabri infusions are now given at CJOC.

September is National Ovarian Cancer Month and Awareness Month for Gynecologic Cancer, Prostate Cancer, Leukemia and Lymphoma

Early detection is important in the battle against cancer. View [Cancer Risk: Understanding the Puzzle](#) for information from the National Institute of Health on risk exposure and factors for all types of cancer. For information on prevention and the risk factors of specific cancers please click here: [ovarian](#); [gynecologic](#); [prostate](#); [leukemia](#); [Non-Hodgkin lymphoma](#) and [Hodgkin lymphoma](#). If you are aware that a family member or friend is at risk, help us in the battle against all types of cancer by passing this information on. Screening may find diseases at an early stage, resulting in a better chance of cure.



Stacy Rosa ~ CJOC's Dedicated Front Desk Assistant Supervisor

Stacy Rosa has held a wide range of positions at CJOC over the past 11 years. Her experience with and knowledge of our patients and their individual needs benefits all of us tremendously. Responsible for overseeing the smooth running of the East Brunswick front desk, Stacy keeps an eye on scheduling and addressing patient needs. She takes pride in taking care of patients and encouraging "a positive outlook on life." At home, Stacy loves to cook, which is a good thing for her growing household: Stacy and husband Andre are proud parents of a beautiful son, Jayden Xavier, who will celebrate his first birthday this coming November!

Flu vaccine update

Swine flu (H1N1) is expected to hit hard this fall. Testing for a [vaccine](#) has started in humans. This vaccine won't be ready until approved by the FDA and it is hopeful this will occur in October. The [seasonal flu vaccine](#), available now, is not expected to protect against the Swine flu.

CJOC Announcements...

- * Our in-house support group program will be held Wed., Sept. 30. Dr. Licitra will address the Wellness Community's educational program in our East Brunswick office on Fri., Oct. 9. [Click here](#) for details.
- * Dr. Nissenblatt will again run the NYC Marathon to raise funds for Fred's Team. [Click here](#) to donate or view his Fred's Team web page.
- * An on-call physician will be available when we're closed on Mon., Sept. 7 for Labor Day and Mon., Sept. 28 for Yom Kippur.